

Training Rules

Participation Rules

The Activities Department, Gardiner High School, Gardiner, Montana, in the firm belief that organized training and extracurricular participation is a vital aspect to the all around development of young men and women, and in the effort to (1) emphasize the proper ideals of sportsmanship, ethical conduct and fair play, and (2) encourage leadership, use of initiative, and good judgment by these young participants whereby our school and our community can best be represented, does hereby establish the following written training rules and general rules of conduct for our students involved in extracurricular activities.



- A) No Late hours: home by 10:00 p.m. on week-nights including Sundays; home by 1:00 a.m. on Saturday nights. If no game is scheduled on Saturday, Friday night curfew is 1:00 a.m. If there are games both Friday and Saturday nights, the curfew Friday night will be one hour after the game. Special hours may be set by the coach/sponsor that do not conflict with the intent of this policy.

Consequences for violating the above will include suspension from the next inter-school competition plus extra work assigned by the coach/sponsor. The sponsor/coach, with the approval of school district administration, may impose additional consequences as appropriate.

- B) It is very important that all participants make all practices except in case of emergency. Sickness or other unavoidable absences will be acceptable reasons for missing practice. Any participant absent from school on the day of practice or an activity will not be permitted to participate that day or evening unless an excuse has been granted by the principal in advance. Absence is defined as missing any part of the school day. If a student is home from school with an ailment, he/she will not be permitted to participate that day or evening. Any participant absent from school on Friday may not participate in an activity on Saturday without a written excuse from a doctor, parent, and/or principal. This written excuse must be given to the sponsor/coach or activities director prior to the contest.



Consequences

The following summarizes consequences for the first, second, and third violations for all extra-curricular activities. The Principal or Athletic director will attempt to contact parents both by phone and in writing for each violation. Investigations of potential violations will be conducted by Gardiner School District administration and the activities director. All investigations will be conducted with concern for the welfare of all students in the Gardiner School District uppermost in mind. The Board of Trustees has sole authority to exclude a child (student) from participation for a period of more than two weeks. Decisions will be based on a preponderance of all evidence considered and the best judgment of the activities director and district administration; consequences for violations of this policy shall be assigned immediately upon confirmation of the violation. All violations are cumulative as defined previously. For the purposes of this policy, single event activities are defined as those activities consisting of only one school (e.g. school play) or inter-school competition or event.

First Violation:

Multiple event activities - Suspension for a period of two (2) inter-school competition weeks and attendance at two (2) counseling sessions; this consequence can run across one or more activities seasons or school years.

Single event activities - Suspension of participation in the next current or future [single event] extracurricular activity and attendance at two (2) counseling sessions. Activity(ies) in which the student is involved at the point of violation will take precedence in all cases. The next chronological event will be penalized.

If a student is involved in one or more (single or multiple event) activities, consequences as outlined for each event type will apply.

Second Violation:

Multiple event activities - Suspension for a period of four (4) inter-school competition weeks and attendance at four (4) counseling sessions; this consequence can run across one or more activities seasons or school years.

Single event activities - Suspension of participation in all current [single event] extra-curricular activities and attendance at four (4) counseling sessions.

If a student is involved in one or more (single or multiple event) activities, consequences as outlined for each event type will apply.

Third Violation:

All activities - Suspension for a period of eight (8) competition weeks and attendance at six (6) counseling sessions; this consequence can run across one or more activity seasons and/or school years.

During suspension, a student is expected, at the discretion of the coach/sponsor, to participate in practices or meetings of the extra-curricular activity.

Student Chemical Use Policy

August 8, 1994
Adopted

Rationale for establishing a chemical use policy:

1. Students need to have the program expectations clarified so that they can decide whether or not to participate.
2. School officials are concerned about the health and welfare of students. Chemicals are very damaging to the still developing body of a teenager.
3. Drug related traffic deaths, injuries from fights, and other negative results are of concern to all school personnel.
4. Schools are seeing an alarming increase in the number of chemically dependent students who require inpatient treatment.
5. Poor attendance and grade problems are often related to the use of chemicals.
6. Drug and alcohol use interferes negatively with athletic and academic performance.
7. When students are involved in chemical use, their emotional and intellectual development is slowed or stopped.

Statement of expectations

1. The student who chooses to participate in an activity should be aware that it is a privilege and he/she must make the commitment, which includes the following guidelines set by Gardiner High School.
2. It is the student's responsibility to follow the rules in order to stay on the team or remain in the activity.
3. Students are expected to avoid parties where alcohol and/or drugs are involved as they will be subject to the same consequences as everyone at the party regardless of

who is or is not participating in chemical abuse.

4. If any student objects to any of the rules or consequences, he/she has the right to choose not to participate in any extracurricular activities.

Policy and Consequences

Substances

A student shall not possess a beverage containing alcohol, regardless of quantity; use or possess tobacco, marijuana; or use, consume, possess, buy, sell, or give away any other controlled substance. It is not a violation for a student to be in possession of a controlled substance specifically prescribed for a student's own use by his/her doctor.

Competition Week

A Competition Week shall include all extra-curricular activities held Monday - Saturday.

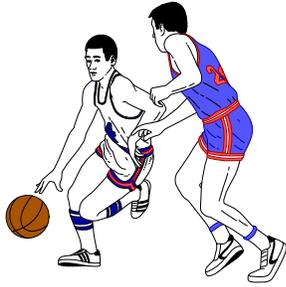
Academic Eligibility Eligibility and Participation Rules

Eligibility Policy

The Board of Trustees acknowledges that individual academic growth is the primary mission of the school program. The Trustees further recognize the value and contribution of high school activities. The Gardiner School Academic Eligibility Policy for Activity Programs reaffirms the primary academic mission. Junior and Senior High School Activity Participants must have a 2.0 or better grade point average (GPA) and no "F" grades for the previous 4 ½ week session and meet all Montana High School Association eligibility rules in order to compete. At the conclusion of the each semester, the higher of the quarter grades or the semester grades will be used to calculate the (GPA) for eligibility.

The school will offer a warning week just prior to the actual determination of eligibility. In cases where the grades are not turned in until mid-week following the end of a quarter, the student would continue to operate on the preceding eligibility until the time the new eligibility could be figured. (Not to exceed one week from the end of the quarter.) All students in any sport, school club, activity or organization must maintain a 2.0 average in their subjects.

Eligibility is due in the office on the assigned day of each eligibility period. Coaches/sponsors should have a copy of all ineligible students in their mailbox by the following school day. Coaches should immediately notify their student participants of their eligibility status.



It is the responsibility of the student to check with their teachers if they feel one of their grades may be in error. The student has a 24 hour period (3:30 p.m. on the day eligibility is announced to 3:30 p.m. the following day) in which to speak to an instructor and have any errors corrected.

Eligibility goes into effect at 3:30 p.m. on the day following its announcement and runs until the next 4 ½ weeks. A student may request an instructor to check his/her grade and make any necessary corrections to the student's grade. The grade can be changed to benefit the student if the teacher made an error or failed to take into account student work which, would affect the ineligible grade. (No additional work , extra credit or grades are to be given which were not included in the eligibility period.) A student's grades will be recalculated only if the teacher submits a note which, includes: the student's name, class, the corrected grade and initials the change.

If the teacher is absent on the day eligibility is due and/or the following day and has not turned in eligibility for the period or is not available for the student to check on the accuracy of the grades which were submitted, the following will apply: if the last eligibility grade was a "C" grade or above, it will be used in the calculation but, if the last grade were a "D" or lower, it will not be used to calculate the present eligibility. In either case, as soon as the instructor returns, the eligibility will be recalculated to reflect the current grade(s).

A teacher may give a student a check mark to be considered as a passing grade "C" only if a) he/she is an identified special needs student and/or b) the student has an incomplete due to approved extended absences. The teacher will set an appropriate time for the incomplete to be made up and eligibility will then be recalculated. Eligibility for all fall activities will be based upon the student's grades at the end of the previous school year. Again, the higher of the last quarter or the 2nd semester grade will be used to make the eligibility determination.

Eligibility

This eligibility policy goes beyond that of the Montana High School Association eligibility ruling which will be complied with fully.

- A) Teachers will list all students and their grades in all classes to determine their eligibility. This is a cumulative grade average during the nine week grading period.
- B) There will be a one week warning period before the actual eligibility goes into effect.



Responsibility of the Participant

Your years in high school are four of the most important years of your lives. The participant soon becomes another citizen who must carry his load in society. If they shirked their job as a

participant, if they let their teammates down by not training, or if they lack loyalty and dependability, they will find that their road out in the world will be much more difficult. Be proud of the fact that you are a student at Gardiner Public School and be even more proud of the fact that you are an accepted member of an extra-curricular program, and a "BRUIN". Do all you can to make your parents, your community, your school and your team proud of your actions while you are representing them. "You can be as good a participant and as good a citizen as you want to be!"

Varsity Lettering Qualifications

To earn a varsity letter, an athlete must complete the following:



- Football: Play in 5 of the varsity contests.
Complete the season, with injuries as an exception
Contribute to the overall success of the program
- Basketball: Play in 11 of the varsity contests
Complete the season, with injuries as an exception
Contribute to the overall success of the program
- Volleyball: Play in 11 of the varsity contests
Complete the season, with injuries as an exception
Contribute to the overall success of the program
- Track: Earn an average of 1 point per track meet during the regular season or place at the District Track meet
Complete the season, with injuries as an exception.
Contribute to the overall success of the program.
- Golf: Qualify for State (score 100 for boys, score 120 for girls).
Complete the season, with injuries as an exception
Contribute to the overall success of the program

- Cross Country: Qualify for State. Complete the season, with injuries as an exception. Contribute to the overall success of the program

Trips

All trips by classes or school organizations must be approved by the administration. All students participating in these trips must have permission from their parents/ guardians. Students are required to dress and act properly according to school policy while on such trips.

Movies on Activity Buses

G rated movies may be shown on all trips. PG rated movies with unanimous parental approval may be shown to grades 7-12. Parental permission will be determined by anonymous ballots of parents.

Student Activities

The Board recognizes the merit of student organizations which are properly supervised, governed and conducted. To this end the following rules are adopted:

- A) The superintendent of schools shall have final control over the activities of all student organizations.
- B) All student organizations of Gardiner High School shall be chartered and their activities permitted only through the student council.
- C) All student organizations planning dances, and other fund raising functions must file an activity petition with the student council for initial approval. If the student council action is favorable, the petition is then submitted to the principal and/or superintendent for final approval.
- D) All purchases made by and for student organizations must be accompanied by a purchase order properly completed and initialed by the faculty sponsor.
- E) All monies arising from the activities or formation of any student organization shall be deposited in the Gardiner High School Students' Activity Fund. Deposits and expenditures shall be made only in accordance with established procedure.
- F) The school district shall pay for the audit of the activity books and MHSA dues.
- G) All elementary school organizations shall be under the direct supervision of the classroom teacher concerned and subject to supervision by the principal.
- H) All student organizations or activities shall have a faculty sponsor who shall be responsible to the administration for the activities sponsored by the group.
- I) All student activities shall comply with the rules of the Montana High School association where these rules apply.
- J) It is the policy of the Gardiner Public Schools not to discriminate on the basis of sex, marital or parental status, race, color, religion, age, handicapping condition, or national origin in its educational programs, activities or employment practices as required by Title IX of the 1972 Education Amendments.
- K) Skiing and Swimming Program, when offered, will be considered part of the Physical Education program and will be under the direction of the Principal.
- L) PROM - The prom is a formal dance for the students of Gardiner High School.



Kindergarten through 8th grade students are not to be admitted with the exception of four 8th grade students selected as prom servers. Admission of all other people is by invitation only with prior approval by the class sponsor and/or administration. Invited guests must abide by school rules.

M) Students are allowed to participate in only those contests and activities approved by the Montana High School Association and included on the list approved by the National Association of Secondary School Principals.

N) Participants in extra curricular activities will pay their own expenses with the following exceptions:

1) Athletic teams - School will provide transportation, and in some instances, lodging.

2) Speech Teams - School will provide transportation, and in some instances, lodging.

3) Cheerleaders – The School may provide transportation, and in some instances, lodging. Only when bus transportation is provided, will Cheerleaders be expected to cheer at away games.



4) Pep Club – In some instances the school will provide transportation to an away activity but a per student cost may be assessed to the individuals wishing to participate.

5) High School Band - School will provide transportation and lodging as determined by the superintendent

6) All Others – The School may provide transportation, but does reserve the right to charge a fee if deemed necessary.

O) The following rules will govern dances, parties, etc., which are limited in attendance to students of Gardiner High School:

1) All school dances except prom, shall be held in school owned facilities and be held during the regular school year unless approved by the administration.

2) Pertinent regulations must be adopted by the high school principal relating to the conduct and operation of the dances, with the stipulation that such dances shall be properly supervised.

3) All calendar requests for dances and other student activities should be made ten (10) school days prior to the activity to the student council.) Such requests should be written, bear the signature of the organization advisor and Principal, contain dates, admission price, if any, and other details such as names of the chaperones. Once approved by the Student Council, all dances must be

approved by the Principal.

- 4) Faculty advisors must be present at these events along with a sufficient number (two or more) of other teachers and/or adults to adequately keep order and enforce rules and regulations. Parents are welcome free of charge to all dances. All dances shall end at 12:00 am except homecoming and the prom, which will end at 1:00 am. There will be no drinking of alcoholic beverages. Anyone not demonstrating proper behavior will be asked to leave. All school training rules are in effect.
 - 5) Students who wish to invite an out of school guest to a dance must fill out the proper paperwork and get approval from the Principal. Only high school students can attend regular dances and Prom guests must be under 20 years old.
 - 6) The organization sponsoring the dance or party must be responsible for cleaning up the premises.
 - 7) At high school dances and parties, the doors will be locked one-half hour after the activity begins. Students arriving late and those leaving the dance or party after the doors are locked will not be permitted to re-enter without special permission. (As a general rule once you arrive you must stay in the building until you wish to leave and not return.)
 - 8) At Prom, where persons other than high school students are in attendance, all high school students and invited guests will be expected to follow the rules which govern high school dances and parties.
 - 9) Proper dance etiquette will be followed as defined by the chaperones and principal. No grinding or suggestive dancing will be allowed. One warning may be given; however, on the second occurrence the student will be asked to leave and parents will be notified.
- P) Seventh and eighth grades will hold their own dances and parties with participation restricted to Gardiner seventh and eighth grade students only.

Q) Cheerleading Uniforms

- 1) Basic cheerleading uniforms (skirt and sweater) will be purchased for cheerleaders. All uniforms will be the property of the school and future uniform changes will be at the discretion of the board.



- R) Students of Gardiner Schools who are participating in any school sponsored activity, club or service organization shall not have in their possession, be in attendance at any function where tobacco, alcoholic beverage, or dangerous drug are present, nor shall they use tobacco, alcoholic beverages or dangerous drugs at such times or places which would reflect discredit on the students of the Gardiner School.

Times refers to anytime the students are representing their group at an activity, place would refer to school premises, buses, or other grounds or buildings where school activities are held including a private home if the activity extends to that area. Included

in this would be wearing clothing that is identified with a group or activity sponsored by the school.

- S) Firearms, knives, or weapons of any type are expressly prohibited at all school functions, school grounds and buildings, unless being used for training or demonstration purposes and having prior approval by the administration.

Student Funds

All monies raised by organizations shall be deposited in the Gardiner High School Student Association Fund. Deposits and expenditures shall be made only in accordance with established procedures.

Special Classroom Fees

From time to time it will be necessary for teachers to collect fees for various reasons. The student should bring the money to the teacher's room (unless the teacher gives other instructions) and, upon giving the money to the teacher, see that the amount is right and that it is recorded so confusion about who has or has not paid can be avoided.

Extra Curricular Related Fees

Personal and consumable items are the financial responsibility of the participant. e.g. mouth guards, volleyball knee pads, etc.

ACTIVITY CARDS

All students may purchase an activity card for \$40.00. Adult activity cards are \$60.00. This card allows admission to all home regular season events. There will be a \$240.00 per family maximum on activity card fees.

PARTICIPATION FEE

It is required that all students grades 7-12 that participate in football, basketball, volleyball, track, golf, speech and drama, and pep band purchase an activity card. The participation fee must be paid for prior to the first contest. You may purchase activity cards at the high school office during regular business hours.

Sportsmanship Policy

June 14, 1994

The Montana High School Association and the Gardiner Public Schools have established policies, expectations and responsibilities, which will cultivate the ideals of good sportsmanship. It shall be the responsibility of all individuals employed or directly associated with the inter-scholastic program to conduct themselves in a sportsmanlike manner. The true purposes of athletic contests are:

1. Provide worthwhile educational experiences for all students, players and spectators.
2. Provide enjoyable recreation regardless of whether the game is won or lost.

Coaching Staff

The coach bears the greatest burden of responsibility for sportsmanship. His/her influence upon the attitudes and behavior of the players, the student body and the community is unequalled. In order for good sportsmanship to become a reality, it is essential that the coach subscribe to the values of sportsmanship and teach it's principles through word and deed. Specifically, it is recommended that the coach:

1. Always set a good example for others to follow.
2. Instruct the players about their sportsmanship responsibilities.
3. Discipline those players who display un-sportsman like behavior. If necessary, forfeit their privileges of representing the school.
4. Be a good host to opponents; treat them as guests.
5. Refrain from making degrading/critical remarks, arguing, or going through motions indicating dislike or disdain for a decision made by officials during or after a contest either at the competition site, from the bench, in the locker area or through any public news media.
6. Publicly shake hands with the officials and opposing coach before and after the contest.
7. Refrain from being ejected from a contest.
8. Refrain from physically assaulting an official.

Players

The responsibility of the players for sportsmanship is second in importance only to the coach. Because players are admired and respected, they exert a great deal of influence over the actions and behavior of the spectators. Desirable behavior for players would be to:

1. Treat opponents with respect that is due them as guests and fellow human beings.
2. Shake hands with opponents and wish them good luck before the contest.
3. Exercise self-control at all times, accepting decisions and abiding by them.
4. Respect the official's judgment and interpretations of the rules, never argue or make gestures indicating dislike for a decision.
5. Do not communicate with the officials regarding the clarification of a ruling. This is the captain's responsibility based on the approval and direction of the coach.

Cheerleaders

Cheerleaders play a very important part in athletic competition. They should motivate fans and students towards good sportsmanship.

1. Stimulate and control crowd response.
2. Choose the right cheers at the right time.
3. Respect the official's judgment and interpretations of the rules, never argue or make gestures indicating dislike for a decision.
4. Be certain that words used in a cheer do not inflame an audience.
5. Avoid using bells, horns and noisemakers.
6. Use gestures that are synchronized, pleasing to watch, and easy to follow.
7. Divert the crowd's attention by starting a popular yell if booing develops.
8. Do not conduct a floor cheer at the same time as the visiting cheerleading squad.
9. Spirit Lines are not allowed.
10. Be positive. Cheer for your team rather than against the opposition.
11. Greet visiting cheerleaders.

Students

Students' habits and reaction as spectators determine the quality of sportsmanship, which reflects upon the reputation of the school. Profane and abusive language and obnoxious behavior have no place at an athletic contest.

1. Know and demonstrate good sportsmanship.

2. Respect and cooperate with the cheerleaders.
3. Respect the property of the school and the authority of the school officials.
4. Show respect for an injured player and do not heckle or jeer the opposing team.
5. Remember athletic contests and mood altering substances do not mix.
6. Students who leave the building during varsity competition will not be allowed to reenter.
7. Students who loiter in the halls will be asked to watch the game or leave.

Sanctions For Violators

Persons who violate the provisions of this policy may have one or more of the following sanctions imposed:

1. Given a verbal warning.
2. Asked to leave school property.
3. Civil actions may be taken.

Due Process

Will be granted for all violators.